

# IWel CGS CGM Quick Start Guide

## Step 1. Set up the CGS

1. Clean the sensor application site.

2. Remove the applicator bottom cap.

3. Press and hold the applicator against application site on the skin.

4. Press the trigger for inserting the sensor

5. Lift the applicator and make sure the sensor adhesive patch are securely attached to the skin

6. The sensor is ready for use



Back of Upper arm



Unscrew the bottom cap



Press against the skin until the safety guard is pushed in



Press the trigger



Remove the applicator after the insertion



Ready for connecting to mobile app via Bluetooth

## Step 2. Prepare your phone for the mobile app

### For Android phones

#### Turn OFF the following features

Battery Saver Mode or Super Battery Saver Mode

- Go to your android phone's Settings
- Tap Battery and Device Care
- Tap Battery
- Turn off Battery Saver Mode
- or choose the highest battery performance available.

Background Usage Restrictions

- Go to your android phone's Settings
- Tap Battery and Device Care
- Tap on Background Usage limits
- Turn "Unused Apps to Sleep" off.

Battery Restricted Use

- Go to your android phone's Settings
- Tap Apps
- Under CGMPlus, tap Battery
- Turn "Restricted" off, and turn on "Unrestricted"

### For IOS phones

#### Turn OFF the following features

Low Power Mode

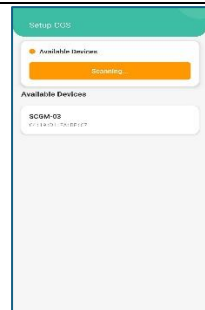
- Go to your iPhone Settings
- Tap Battery
- Turn off Low Power Mode

Optimized Battery Charging

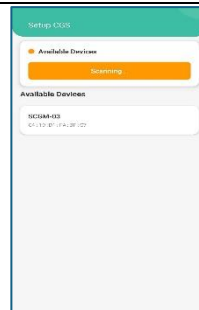
- Go to your iPhone Settings.
- Tap Battery.
- Tap on Battery Health & Charging
- Turn Optimized Battery Charging off

### Step 3. Set up the App

Download and install the App, and follow the instructions to complete the registration process. If you are already registered, you don't need to register again. Follow these steps for setting up the app: Home screen, then "Settings", then "iWel CGS", then "Activate" to "Setup CGS" screen.



Click on "Scan Device".

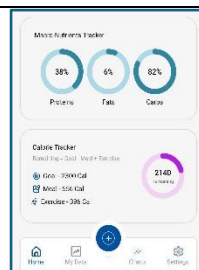


Click on your CG2 device on the list.



The app is ready for reading glucose every minute automatically.

- Current glucose on the left.
- Timestamp & device status on the right.
- Chart of glucose readings for the last 12 hours is displayed right below



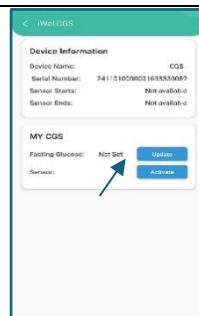
Other features on the home screen:

- Tracker of macro-nutrients
- Tracker calories intake and exhaust
- Track other events
- Access to analytical charts



App use tips:

- The app reading will pause when using other screens in the app. It will auto resume when come back to home screen.
- In the event of signal loss (e.g. when phone is far away from the device), reading is to auto resume when come close to device again. Just simply restart the app if not resume after couple of minutes.



Optional step:

- The fasting value can be updated on CGS Setup screen when the live glucose reading is more than 2 units off from expected.
- Non-fasting fingerstick test results can be recorded using Notes in adding Events on the home screen.