# IWel CGS CGM Quick Start Guide

## Step 1. Set up the CGS

1. Clean the sensor application site.

Back of upper arm

2. Remove the applicator bottom cap.

Unscrew the bottom cap

* If the protective shell remains on insertor, just gently twist and remove it

3. Press and hold the applicator firmly against application site on the skin.

Press against the skin until the safety guard is pushed in (a click sound will be heard)

4. Press the trigger for inserting the sensor

Press the trigger.

5. Lift the applicator and make sure the sensor adhesive patch is securely attached to the skin

Remove the applicator after the insertion

Please note the serial ID of sensor on the cap.

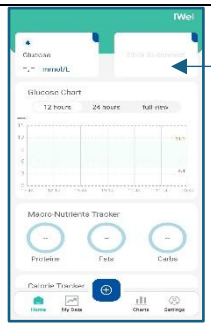
6. The sensor is ready for use

Ready for connecting to mobile app via Bluetooth

| Step 2. Prepare your phone for the mobile app | |
|---|---|
| *For Android phones*<br><br>**Turn OFF the following features** | |
| Battery Saver Mode or Super Battery Saver Mode | - Go to your android phone's Settings<br>- Tap Battery and Device Care<br>- Tap Battery<br>- Turn off Battery Saver Mode<br>- or choose the highest battery performance available. |
| Background Usage Restrictions | - Go to your android phone's Settings<br>- Tap Battery and Device Care<br>- Tap on Background Usage limits<br>- Turn "Unused Apps to Sleep" off. |
| Battey Restricted Use | - Go to your android phone's Settings<br>- Tap Apps<br>- Under CGMPlus2, tap Battery<br>- Turn "Restricted" off, and turn on "Unrestricted |
| *For IOS phones*<br><br>**Turn OFF the following features** | |
| Low Power Mode | - Go to your iPhone Settings<br>- Tap Battery<br>- Turn off Low Power Mode |
| Optimized Battery Charging | - Go to your iPhone Settings.<br>- Tap Battery.<br>- Tap on Battery Health & Charging<br>- Turn Optimized Battey Charging off |

## Step 3. Set up the App

Download and install the App CGMPlus2, and follow the instructions to complete the simple registration process. If you are already registered, you don't need to register again. Once on Home screen,



Tap on the box on top right "Click to connect".

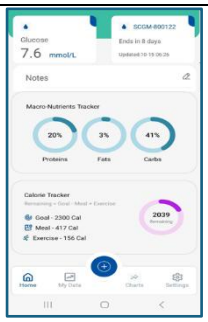
Click on "Scan for nearby CGM" on bottom of Connect Device page.

Tap on the CGM matching the Serial ID on sensor's bottom cap.

The sensor is automatically connected.

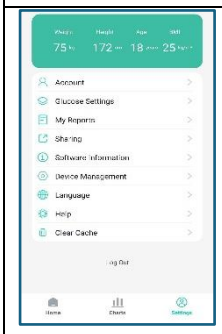
After 60 minutes warm-up period, the app is ready for reading glucose every minute continuously.

- Current glucose on the left.
- Timestamp & device status on the right.
- Chart of glucose readings for the last 12, 24 hours or full is displayed right below
- Add note on bottom of the page.

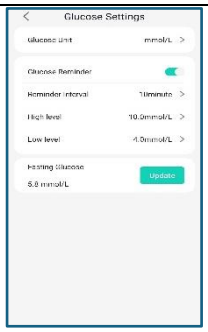


Other features on the home screen:

- Tracker of macro-nutrients
- Tracker calories intake and exhaust
- Mydata for event details
- Access to analytical charts



Settings:
- Account & profile
- Glucose settings
- My reports
- Daily goals
- Sharing
- Software info
- Device management
- Help




Glucose settings:

- Set up alert limits
- Fill in fasting glucose level if available.

Regular finger stick test results can be recorded using Notes on the home screen.

Questions:
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www.iwelcgm.com